Hey!

There's a flying disc in your bag!

You'll have lots of fun with it. 

Flying Your Disc!
When you want to have fun flying your disc, it's important to remember:

• **Who?**
  - Your dog!
  - Mom and Dad or any adult you know.
  - A friend.

• **What?**
  - Don't throw the flying disc with strangers.

• **Where?**
  - You'll have lots of fun playing with some people.

You can play with:
- A friend.
- Mom and Dad or any adult you know.
- Your dog!

Don't throw the flying disc with strangers.
Remember to:

• Take turns.

• Take aim and throw the disc.

• Get help if you need it.

• Say “Let’s play something else” when you’re done.

What can you do with a flying disc?

Lots of different things! You can:

• Toss it back and forth with a friend.

• Use it like a shovel in sand.

• Play Fetch with your dog.

• Play Tag and other games.

• What other things can you think of?
Remember to:

• Use the disc safely.

• Don’t throw the disc to people who aren’t playing with you.

• Keep the disc out of your mouth.

• Catch the disc with your hands.

• Say “Let’s play catch” to start the fun.

Where can you play with a flying disc?

Lots of different places! Any open, outside area will do:

• In the back yard.
• On the playground.
• At the park.
• At the beach.
• In the back yard.

Just ask “Can I play here?”
Remember to:

• Stay away from windows and doors.

• Don’t throw the disc at cars or bicycles.

• Stay out of the street!

• Don’t throw the disc over fences or into other yards.

• Say “Where is my flying disc?” if it’s lost.

Everyone will have fun if you do these things!